

life happens. we can help.

Call the Graduate Student Assistance Program (GSAP)

The world of a doctoral student has many intertwining demands of work, personal and academic life. Classes don't stop when there is an unanticipated need to make new child care arrangements. Exams will go forward despite the need to sort out a complex legal or financial situation. Dissertations can't wait even when a family member needs help in the home after a fall. Tuition needs paying even though credit card companies are pounding at the door.

The GSAP provides individual life balance services to doctoral students. The GSAP helps you to maximize your time, expand your options, shorten your search, filter through your choices and stretch your dollar. The GSAP helps you cope as *life happens*.

Who is eligible? All doctoral students and their family members (including spouses, qualified domestic partners and children), and faculty members seeking assistance on behalf of a student are eligible.

This free and confidential program is part of Harvard's broader effort to build a diverse pipeline of talented scholars. The GSAP helps with the real-world needs of doctoral students, allowing them to focus on what they came to do at Harvard—learn.

The toll-free GSAP line is available 24 hours a day at 1-800-670-7194. Requests for GSAP services made outside of regular business hours will be taken by the GSAP's after-hours service and then submitted to GSAP staff the morning of the next business day.

(Please note that access to mental health services for graduate students will continue to be provided through the student's current health care provider, insurance, and/or Harvard University Health Services.)

Visit the GSAP online for articles, resources and more at:
<http://harvardgrad.personaladvantage.com> (login no longer required)

For more information, please contact Harvard University's Office of Work/Life Resources: worklife@harvard.edu or call 617-495-4100.

The GSAP includes:

Child care, elder care and other life balance resources and referrals (local and nationwide)

Free telephonic legal consultations and referral services to a network of attorneys at a 25% reduction in fees

Free budget and debt counseling

Free consultation with the New Parent Transition Program

These same services for family members

Consultation to faculty seeking assistance on behalf of a doctoral student

Toll free line:
1-800-670-7194
(after-hours calls returned the next business day)

